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FOOD

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**WEDNESDAY**

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## Fresh sip

People who are not fond of overwhelmingly sweet, bitter drinks should try Inko's 16-ounce flavored white teas. Not a bit like other tea drinks on the market, all three Inko flavors are subtle and fresh. Inko's White Peach, the newest, tastes more peachy than sweet. It has about 60 calories per bottle. Hint O' Mint has no sugar, therefore no calories. White tea has a delicate flavor, and is an even more powerful antioxidant than green tea. Inko's, based in New York, is a contributor to white tea cancer research. Inko's is available at Whole Foods and some health food stores. For more information, call (866) 747-INKO or visit [www.HealthyWhiteTea.com](http://www.HealthyWhiteTea.com).